



Courses fees: mentoring and supervising trainee Group Facilitator & Trainer

The courses that you successfully complete with Breathwork Trainings - Breathwork Practitioner, Breathwork Group Facilitator and Trainer are endorsed by our peak body - the Australian Breathwork Association.

We have been leaders in Breathwork trainings firstly in our trainings as Robyn Fernance and Ann Harrison, then through the Australia government accreditation system, and now in alignment with the Australian Breathwork Association.

2024-5 Course Fees

Course	Course Fee	Mentoring /Supervision	Total Course Fee
L1			3200
L2			6400
L3	3200	1100	4300
L4	6400	1700	8100
			22000

Mentoring and Supervision

Breathwork Trainings' trainers, Robyn Fernance and Ann Harrison, have spent all their working lives as teachers and trainers. Both were initially trained in a post graduate diploma of secondary school teaching; Ann Harrison then went on to train teachers in the school system. Together they developed the BT curriculum that was initially endorsed through the Australian government vocational education accreditation system. Breathwork Trainings' students receive the benefit of their decades of experience in teaching and training.

Being competent to carry out a task does not mean one is able to teach another how to do it. That is why Breathwork Trainings Levels 3 and 4 were developed to train Breathwork practitioners to facilitate groups and train practitioners.

Level 3 mentoring and supervision: additional 50 hours

Level 4 mentoring and supervision: additional 80 hours

Mentoring

This is the support given to a student prior to their facilitation of a Breathwork group. It involves reviewing the material to be delivered and developing the schedule for its delivery. This is done through emails, phone conversations, online meetings and onsite preparation prior to delivery.

Supervision

This takes place on site and is the observation and supportive comments given to the student by the Breathwork trainer in order to develop even greater facilitation skills.