

<p>2023 BT LEVEL 1 – CERTIFICATE IN BREATH AWARENESS</p> <p>2023 (RF & JT co-trainers)</p> <p>Proposed weekend dates for BT Level 1 – Certificate in Breath Awareness for 2023 are:</p> <p>Module 1: Feb 4/5 Module 2: Mar 4/5 Module 3: Apr 1/2 Module 4: Apr 29/30 Module 5: May 27/28 Module 6: Jun 24/25</p>	<p>2023 BT LEVEL 1 – CERTIFICATE IN BREATH AWARENESS</p> <p>2023 (RF – L3 Trainee)</p> <p>Proposed 6-day event dates for BT Level 1 – Certificate in Breath Awareness for 2023 are:</p> <p>Theme 1: Jun 10-15 [Modules 1/2/3] Theme 2: Aug 12-17 [Modules 4/5/6]</p>
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BT Level 1 – Certificate in Breath Awareness for 2023

Proposed **‘tiered’** dates for are:

Option 1

Dates (including 2 x 6-day events) would look something like the following:

Module 1: Feb 4/5, Mod2: Feb 6/7 & Mod3: Feb 8/9 [for those wanting the 6-days events]

Module 2: Mar 4/5

Module 3: Apr 1/2

Module 4: Apr 29/30, Mod5: May 1/2 & Mod6: May 3/4 [for those wanting the 6-day events]

Module 5: May 27/28

Module 6: Jun 24/25

Option 2

Another option of 3 x 4-day events dates could look like the following:

Module 1: Feb 4/5 & Mod2: Feb 6/7 [for those wanting the 4-day events]

Module 2: Mar 4/5

Module 3: Apr 1/2 & Mod4: Apr 3/4 [for those wanting the 4-day events]

Module 4: Apr 29/30

Module 5: May 27/28 & Mod6:29/30 [for those wanting the 4-day events]

Module 6: Jun 24/25

**2023-24 BT LEVEL 2 – CERTIFICATE IN BREATHWORK PRACTITIONER
(JT & RF – L4 Trainee)**

Proposed **theme** dates & Zoom Link Ups for BT Level 2 – Certificate in Breathwork Practitioner for 2023-24 are:

2023

Theme 1: Aug 26-31 [6 days]

Zm Sep 20

Theme 2: Oct 21-26 [6 days]

Zm Nov 22

Zm Dec 20

2024

Theme 3: Jan 20-23 [4 days]

Zm Feb 21

Theme 4: Mar 16-19 [4 days]

**2023-24 BT LEVEL 2 – CERTIFICATE IN BREATHWORK PRACTITIONER
(RF – L4 Trainee)**

Proposed **theme** dates & Zoom Link Ups for BT Level 2 – Certificate in Breathwork Practitioner for 2023-24 are:

2023

Theme 1: Jul 8-13 [6 days]

Zm Aug 9

Theme 2: Sep 9-14 [6 days]

Zm Oct 18

Zm Nov 15

Theme 3: Dec 9-12 [4 days]

2024

Zm Jan 10

Theme 4: Feb 10-13 [4 days]